



Against The Grain
Health

— NURTURED BY NATURE —

HANDMADE • NATURAL • VIBRATIONAL

Against the Grain Health products are comprised entirely of 100% natural, high quality, ethically sourced, raw ingredients.

Our alchemy is not possible without the wondrous creations of our natural environment. For example, the diligent and selfless Bee whom facilitates life on every level. We seek only to holistically facilitate nature's best, and combine it in such a way that everyday skin products are infused with plant extracts for the mind, brain, body and soul.

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"TO BE NURTURED BY NATURE IS A RECIPROCAL RELATIONSHIP" BRAD McDONALD